

LUNCH AND SNACK POLICY

APPROVED

20 May 2004

REVIEW

This policy shall be reviewed in 2006 or as required.

1. Scope

This policy applies to all children attending the kindergarten.

2. Policy Statement

Children in 4 year old kinder have designated days on which they bring lunch, a snack or both. Bringing lunch and snacks to kinder is essential for longer sessions and enhances the kinder program by encouraging children to independently manage their food which is important preparation for school.

St Pauls encourages the development of healthy eating habits. Children's lunch and snacks should be healthy. Lollies, chocolate and chips are strongly discouraged.

3. Procedures

On designated lunch/snack days each child is to bring lunch/snack and a drink in a named container.

- At the appropriate time each child will be asked to retrieve their lunch/snack from their bag.
- Children will eat their own food
- Any food uneaten will be placed back in the container and returned to their bag so parents are aware of how much food was eaten.
- If children have forgotten to bring their own lunch/snack, a member of staff will contact the parents/guardians to arrange for food to be brought to the kindergarten.
- In the event that parents cannot be contacted children will be provided with fruit.

4. Key Responsibilities and Authorities.

- Parents will supply lunch/snack
- Staff will monitor eating and ensure uneaten food is returned home.